

Wellness 11/05/2010

# FITT, Body and Health are Unique and Irreplaceable

FITT offers a real experience on the road towards a full and healthy life through personalized physical activity and dietary strategy adapted to the body, health and objectives.

Upon entering FITT is made available to the user with a multidisciplinary team of personal trainers, nutritionists, osteopaths and masseuses will accompany and motivate to training easier, fun, safe and achieve the desired results.



Located in the heart of Eixample, FITT offers the following advantages: unique design, plants with wide range of materials and art machines, maximum exclusivity, friendly atmosphere and uncrowded, flexibility of hours, all adaptable to the agendas of the customers, their motivations and the realization of the desired results.

FITT will get results faster by optimizing the training time in the hands of highly qualified professionals.

To test personal training sessions and more information, contact:

[info@fitt.es](mailto:info@fitt.es)

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